



GLOBAL METHODIST CHURCH NORTH GEORGIA

Are you living a compelling life?

If you're trying to assess whether your life feels compelling – not just successful or busy – questions that explore purpose, growth, relationships, and alignment can be useful. We invite you to take a few moments to reflect and journal your answers to the questions below. Please feel free to share these with other leaders in your congregation.

Purpose and Meaning:

- 1) If I stopped doing what I'm doing today, what would I miss most?
- 2) What kind of impact do I want to have on other people?

Alignment:

- 1) Does my daily life reflect my deepest values?
- 2) When do I feel most like myself?

Growth:

- 1) What new skill, perspective, or experience am I pursuing?
- 2) How have I changed in the past 12 months?

Relationships:

- 1) Do the people closest to me know the real me?
- 2) Am I investing enough in the people I care about?

Energy and Joy:

- 1) When did I last experience genuine awe, wonder, or delight?
- 2) What drains my energy and what restores it?

Courage:

- 1) Where am I choosing comfort over growth?
- 2) What would I attempt if I believed I couldn't fail?

Legacy:

- 1) If I looked back on this season of life in ten years from now, what would I regret not doing?
- 2) What do I hope people remember about me?

A compelling life doesn't necessarily mean constant excitement or extraordinary achievements. It often comes from living with intention, staying true to your values, growing through challenges, nurturing meaningful relationships, and contributing to something larger than yourself. After reviewing your answers to the questions above, we invite you to submit your answers to the following reflection questions. Please know that all answers are **anonymous** but will help us better understand how the NGAGMC might develop opportunities to help us all live a compelling life.

- 1) What is one thing I could change in the next three months that would make my life feel more meaningful?
- 2) What is one relationship that I want to intentionally invest in more in 2027?
- 3) What am I grateful for that I've started taking for granted?